

FIERY



DARTS

Big Idea

Pastor Curt – Part 1

Today we kicked off a new series called **FIERY DARTS**. In this series, we will learn about surviving the attacks when the fiery darts of difficult times come at us. Pastor Curt lays out a game plan using wisdom from the Bible for what we can do to survive and actually thrive when we're coming out of a difficult time, when we are in a difficult time, and when we are about to enter a difficult time. God has a purpose for our pain, but we need to make the right choices, key choices, to take us in the right direction that will bless and benefit us as well as others.

Pastor Curt describes three stages we have when difficult times come: shock ("I can't believe that happened to me!"), sorrow (which Jesus is uniquely qualified to understand), and struggle ("Why God?") He then gives us choices that God wants us to make – 1. Choose to run to God when a shock happens. 2. Choose to worship when we have sorrow. 3. Choose to focus on eternity when we struggle.

We can't control what happens to us but with God's help we can choose our response. When something is happening to us, God is wanting to do something in us.

Discussion Questions

- The problem isn't fear, depression, lust, anger, your addiction, your past or _____, but the way you think about it. Do you have a story from your own life of how God set you free as you learned to think differently?
- How The Bible is clear that we have control of our thoughts. How have your thoughts controlled different areas of your life?
- The Bible mentions waging war with our minds as the battleground. What can you do to win the battle to control your mind? How can you take captive thoughts that don't align with God's Word?

Prayer Focus

Father, I submit my brokenness and bruises to You. Help me to always run to you in troubled times. I ask You to heal me now from all the stress and give me holy forgetfulness. I choose now, by an act of my will, to forgive, to forget, to worship and to be healed.

Next Steps

This week, Have an intentional conversation about the Group's Next Steps. Help each person or couple in the group to identify how they will spend the coming weeks of sabbath. Challenge the group to multiply and start another group during the summer or fall semester.

Leader Tip

Get into groups of three or four, guys with guys and girls with girls. Pray for one another. If you are comfortable, share an area of your heart that has been attacked and broken where you would like God to heal you. Pray for healing for each other.