Big Idea: Emotions (Judges 14 & 15, Romans 7 & 8)

Pastor Curt Seaburg Part 2

We are studying the life of Samson, and his life can be summarized by this statement...Samson was an incredibly strong man with a dangerously weak will. Over and over again Samson would sabotage himself with his destructive choices. Let's remember that it's never too late to become who you might've been. This week Pastor Curt gave us a smorgasbord of advice from Samson's life choices. Let's talk it over!

Life Advice #1 - Just because it seems good for others, doesn't mean it's good for you.

How often do we find ourselves doing something simple because everyone else is doing it?

Life Advice #2 - Life isn't always a competition.

Ask yourself, do I have an unhealthy competitive spirit? How many of us have ruined happy moments because of competition?

• Life Advice #3 - Don't overreact.

Have you ever overreacted? How could you have handled it differently?

Life Advice #4 - Control your emotions instead of letting your emotions control you.

Why is Samson so mad? He was the one who wandered into enemy territory. He was the one who married a foreign woman. He was the one who touched the lion carcass. He the one who hosted a kegger. How often are we mad at the world for things that we are responsible for?

• Life Advice #5 - Know where your thirst is driving you.

What are you thirsting for? Do you have a hunger for the Word of God? Do you hunger for more of his presence in your life? Or is your thirst for the things of the world driving your life?

Talk it Over

- We Where in life do you feel your will is the weakest?
- How has your weak will affected you and those you love?
- What do you think are some of the causes of your weak will?
- In what ways has God's strength helped you overcome obstacles?
- What does accountability look like in your life? How could increased accountability help you?
- What next steps will take this week towards changing your attitude and relying more on God's strength?

Prayer Focus

This week, Confess to God where your will is weakest in your life. Ask God to help strengthen you and to help you change your attitude so that you can turn your weaknesses into strengths.

Next Steps

If you are lacking accountability in your life, then strive to find an accountability partner this week. Find someone of the same sex that you trust. Allow your partner to develop you into a stronger person by holding you accountable as you battle against your weak will and any sins you may be struggling with.

Leader Tip

Pray for those you know that are struggling with a weak will. Ask God to strengthen them