

Overflow



Leader Conversation Guide – Attitude of Gratitude

Main Idea

This week Pastor Curt started a brand-new series Overflow. Overflow means to go beyond your limits. Let's push beyond those limitations that we may feel we have. Let's stop selling ourselves short to what we can accomplish for the Kingdom of God because of our limited opinion of ourselves. Let's be the water out of the above ground pool that breaks and saturates the yard and even flows into the neighbor's yard! Let's be the overflow of "Christ in you, the hope of glory." You can plant your life into a kingdom that cannot be shaken. If you plant your life on anything else, you will see limitations. If I'm going to live in a Kingdom that cannot be shaken, then I need to have a kingdom mindset. The first thing that should overflow in our life as a believer is Gratitude.

"Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."

1 Thessalonians 5:18 NLT

Make it Practical

- **Gratitude is God's will.** We are not thankful for all circumstances. But we are to be thankful in all circumstances
- **Gratitude shifts my focus.** Whatever you focus on, you magnify. Whatever you magnify, you focus on.
- **Gratitude yields contentment.** In Philippians 4:11-13 Paul speaks of learning the secret of being content, and then goes on to say "I can do all things through Him who gives me strength." How? Because he knew what it meant to have plenty, and he knew what meant to be in need. And through all of it, Christ alone was more than enough!
- **Gratitude postures my heart.** Everything we have comes from The Lord. Every day is gift, that's why they call it the present. When I'm grateful for what I have, I become a more generous person.
- **Gratitude invites God's presence.** There is no feeling like being in the presence of God! Living a life of gratitude invites God's presence and gives me God's peace.

Talk About It

- Are you living a life of gratitude?
- What are some things you need to turn your focus from, and refocus on Christ and His faithfulness instead?
- Reflect on your life for a moment. Have you found contentment in Christ? Or are you always searching for more to try and fill the void?
- Discuss as a Group ways we can intentionally live a life of gratitude.

"Gratitude invites God's presence and gives me God's peace."

Prayer

Father we give thanks to You, for Your mercies and goodness endure forever! Let us fix our focus on You, as we walk through good times and bad. We come today with a heart of gratitude, and we bless Your Holy name! Amen.

Leader Tip

Share a time in your life where Gratitude may not have been your immediate response, but you chose it anyways. Encourage others to do the same.