# LOOKUP

## Leader Conversation Guide - Look Up (Part I)

#### Main Idea

This week Pastor Brett kicked off a new series called "Look Up," diving into discussions on end-times and how we as believers can fix our eyes on Jesus amidst everything happening around us in the world. We are called to keep our eyes on Jesus, not the world or ourselves. When we live a life marked by "Looking up," we are living separate from the ways of the world, and seeking to please our Heavenly Father, rather than ourselves, or outside influences.

## When these things begin to take place, stand up and <u>lift up your heads</u>, because your redemption is drawing near.

**LUKE 21:28** 

## Make it Practical: Are you looking up?

- Are you looking out?
  - Looking out is looking to the world...
    - For answers.
    - For antidotes.
  - Scripture tells us in Romans 12:2, "Do not conform to the pattern of this world, but be transformed by the renewing of your mind."
- Are you looking in? Looking in results in decisions based on feelings.
  - Statements that are produced by looking in:
    - "Be true to yourself.
    - "Follow your heart."
    - "Believe in yourself."
    - "Live your truth."
- <u>Are you looking up?</u> Hebrews 12:1-2 challenges us to "run with perseverance the race marked out for us, <u>fixing our eyes on Jesus</u>, the pioneer and perfecter of faith."
  - A life lived looking up will be marked by:
    - Fasting & Prayer
    - Worship & Praise

#### **Talk About It**

- What part of this message impacted you the most?
- A life lived by "Looking up" is marked with Fasting & Prayer / Worship & Praise. How can you better cultivate these marks in your own life?
- How would our lives look if we truly began to "Look up" in every situation, rather than allowing the world to influence our decisions?

## Look around and be distressed. Look inside and be depressed. Look at Jesus and be at rest.

### **Prayer**

Heavenly Father, thank You for Your wisdom and guidance in our lives. Thank You that when we are unsure of how to live, You have called us to "Look up" and remember the example set by Your Son. Holy Spirit, help us to not look to ourselves or the world for answers, but to look to You in all things. In Jesus' mighty name. Amen.

### **Leader Tip**

Share the following list with your Group as a reminder to "Look up" this week:

## Look up...

Look up for light to guide you.
Look up for grace to sanctify you.
Look up for strength to enable you.
Look up for comfort to cheer you.
Look up for courage to empower you.
Look up for endurance to keep you.
Look up for providence to supply you.
Look up...