

BACK TO THE BASICS

Leader Conversation Guide – Back to the Basics (Part IV): “Why Am I So Inconsistent?”

Main Idea

This week, Pastor Curt concluded our Back to the Basics series with a message on discipline. We were reminded that “Discipline is choosing what you want now and what you want most.” When we surrender the darkest areas of our lives to God, we gain clarity. The message concluded with this challenge: “2024 can be the best year of your life, not because you tried harder, but because you surrendered more.”

No discipline is enjoyable while it is happening— it’s painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way.

HEBREWS 12:11

Make It Practical:

What we face:

- Confusion - Confusion comes from the right desires but the wrong actions.
- Frustration - 1 John 1:8 says, “If we claim to be without sin, we deceive ourselves and the truth is not in us.”
- Discouragement - Romans 7:24-25 reads, “Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? Thank God! The answer is in Jesus Christ our Lord.”

How we overcome:

- Invite the Holy Spirit to fill me
 - Ephesians 5:8 - “Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.”
- Invite the Holy Spirit to show me
 - John 16:8 - “When he comes, he will convict the world of guilt in regard to sin and righteousness and judgment:”
- Invite the Holy Spirit to change me
 - Psalm 51:10-11 - “Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me.”

Talk About It

- What part of this message impacted you the most?
- How can you establish “spirit-discipline” in your life today?
- What confusions, frustrations, and discouragements do you need to surrender at the foot of the cross, to allow room for the Holy Spirit to fill, show, and change you?

**We are not self-disciplined,
we are spirit-disciplined.**

Prayer

Father, thank You for Your gifts of grace and mercy. Thank you for never giving up on us. Holy Spirit, fill us up to overflowing. Show us with clarity what steps we need to take. Change us. Change our hearts. Change our minds. May we live in a way that brings glory and honor to You. In Jesus' Name. Amen.

Leader Tip

Remind Group members about upcoming Outreach opportunities and discuss doing something together as a Group during the semester.