



VICTORY
Kids

Prayer
Guide

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Prayers for me

Dear Friend,

We're so proud of you for taking this step in growing your personal prayer life. Learning what prayer is, how to pray, and why it matters is a key part of following Jesus. We want to pray first in every situation, because Jesus is always the answer, always ready to listen, and always our closest friend.

Prayer isn't just something we need — it's something we can enjoy. The more we learn, the easier and more fulfilling it becomes. We hope this journal helps make your time with Jesus more personal. Real conversations with Him lead to real encounters with God, and that changes everything.

Once you learn how to pray, you can make it part of your everyday life. You can pray:

- **Before the day begins**
- **Before you go to school**
- **Before you hang out with your friends**
- **Before practice**
- **Before you play a big game**
- **Before you go to bed**
- **When something bad happens**
- **When something good happens**
- **In every situation—
PRAY FIRST!**

We are praying blessings over your prayer life because prayer changes everything.

- Victory Kids team

The Lord's Prayer

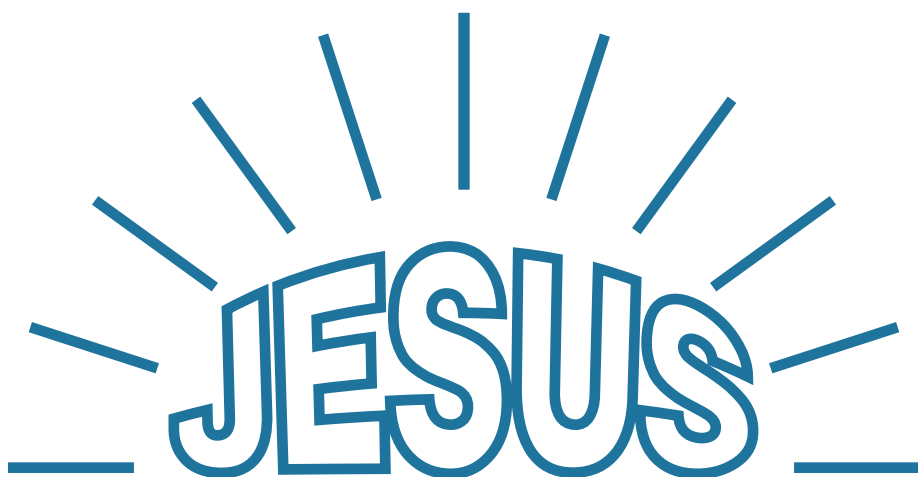
One day Jesus was praying in a certain place. When He finished, one of His disciples said to Him, "Lord, teach us to pray..."

Luke 11:1 (NIV)

**“Our Father in heaven,
Hallowed be Your name.
Your kingdom come. Your
will be done, On earth as it is
in heaven. Give us this day
our daily bread. And forgive
us our debts, As we forgive
our debtors. And do not
lead us into temptation, but
deliver us from the evil one.
For Yours is the kingdom
and the power and the glory
forever. Amen.”**

Matthew 6:9–13

Hallowed be
Your name.



WORSHIP HIS NAME

God's name is a place of protection—
good people can run there and be safe.

**Match who He is with what
He can do!**

Healer

God is on my side and will
fight for me.

Friend

God is in charge and wants
the best for me.

Peace

I will choose joy because God
is my joy.

Forgiveness

He is my hope for
every situation.

Love

He forgives me for anything I
have done and will do.

Hope

Jesus loves me the most.

Joy

He brings me peace no
matter what I go through.

King

He is always with me.

Protector

God heals all our disease.

And forgive us
our debts, as
we forgive our
debtors.



**WHEN I PRAY, I NEED TO ASK FOR
FORGIVENESS**

If we confess our sins, He is faithful and just
and will forgive us our sins and purify us from all
unrighteousness.

1 John 1:9 (NIV)

**Ask Jesus to look inside
your heart:**

- 1. What do you need to ask forgiveness about?**
- 2. What do you need to forgive someone for?**

Once you have prayed, color in the sentence
below.

I AM
FORGIVEN!

I CAN
FORGIVE!

And do not lead us into temptation, but deliver us from the evil one.



WHEN I PRAY, I NEED TO ASK GOD FOR HELP AGAINST TEMPTATION

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

God's word is truth.

Replace the lies you may have heard with what God says is true.

Lie I have heard vs. What God says is true

I am mean. _____ I can be a friend like Jesus.

I am ugly. _____ I am fearfully and wonderfully made.

I don't have friends. _____ Jesus loves me and I am never alone.

If I lie, I won't get in trouble. _____ I can tell the truth and not be afraid.

If I do what's wrong, I'll finally fit in. _____ My identity comes from Jesus.

Lifestyle Prayer

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed.

Mark 1:35 (NIV)

HERE'S WHAT WE SEE:

He prayed every day.
He prayed in a certain place.
He prayed with a plan.

1. Time

Jesus set a specific time each day to pray, often early in the morning, to be with His Father. We should do the same and set a regular time for prayer.

DID YOU TALK TO JESUS TODAY?

Yes

No

Not yet!

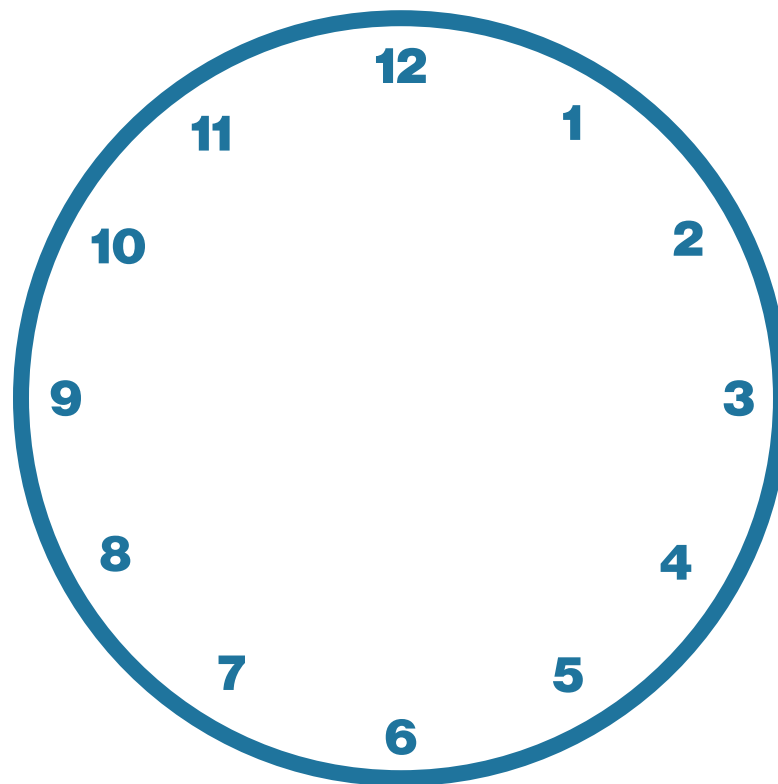
WHEN WILL YOUR PRAYER TIME BE? CIRCLE YOUR ANSWER BELOW:

When I
wake up

In the
afternoon

Before I go to
sleep

Use a pencil and fill in the time that you prayed today.



Prayer and Scripture for every day

MY PRAYER LIST

Make a list of things you want to pray for every day.

Tell Jesus how great He is!

A jump start to praying this way is below. Fill in the blanks and add your own praise and worship as you talk to Jesus about how great He is!

Look up Scripture as you walk through the outline.

Jesus, I love You so much!

1. Thank You for _____ *Psalm 100:4, 118:24*
2. I love that You created _____
3. When I'm outside, I notice _____

in your beautiful creation!

4. God, You made me. Thank You for my ability to _____ *Mark 12:30*

You love me for who I am, no matter what.

Thank You for being my God and my friend. I love You!

In Jesus' name, amen.

Give thanks every day.

Having a thankful heart is something that Jesus loves. Giving thanks to God makes even bad days good. A jump start to praying this way is below. Fill in the blanks and add your own words of thankfulness!

Hi Dad!

I am so thankful for You and all that You have given me.

Today, I thank You for my family!

I pray that for my family You would _____

I thank You that I get to wake up and have a new day!

I pray today for _____

Thank You for the food I get to eat, the clothes I get to wear, and the house I get to live in.

Thank You for _____

Thank You for dying for me and saving me.

Help me be more like You, Jesus.

I am so thankful for You! I love You!

In Jesus' name, amen.

Psalm 96:1-2

Ask God to lead you every day.

Have you ever been lost and not known where you were going? It's not a fun feeling. The easiest way to avoid this is to ask for directions from someone with a map. Jesus has the map to life and has the best plan for our life.

Follow the numbers 1-5 and color in the road map on the next page as you ask Jesus to lead you today!

1. Thank You, Jesus, for the plan You have for me!
2. Today I choose Your plan for my life, because I know it's the best plan there is!
3. Lead me. Give me words to say. Help me think good thoughts.
4. Help me to be kind to people, be wise, and make good choices.
5. Jesus, please make me more like You every day.
In Jesus' name. Amen.

Proverbs 3:5-7; Psalm 131:1-3; Isaiah 30:21



Prayers for when I need help

PRAY THROUGH THE ARMOR OF GOD

Read Ephesians 6:11–18 and then say a prayer to God like the one on the next page to put on your armor!

“Put on the full armor of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the **belt of truth** buckled around your waist, with the **breastplate of righteousness** in place, and with your **feet fitted with the readiness** that comes from the **gospel of peace**. In addition to all this, take up the **shield of faith**, with which you can extinguish all the flaming arrows of the evil one. Take the **helmet of salvation** and the **sword of the Spirit**, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.”

Ephesians 6:11–18 (NIV)

Praying through the armor of God.

Lord,

Today I put on the full armor of God. I am protected.

I put on the **belt of truth** to speak and walk honestly.

I will put into place the **breastplate** to do what is morally right.

I will strap onto my feet and be ready with the **Gospel of peace**.

On my arm I will carry the **shield of faith** and block the attacks from the evil one. I know God is with me.

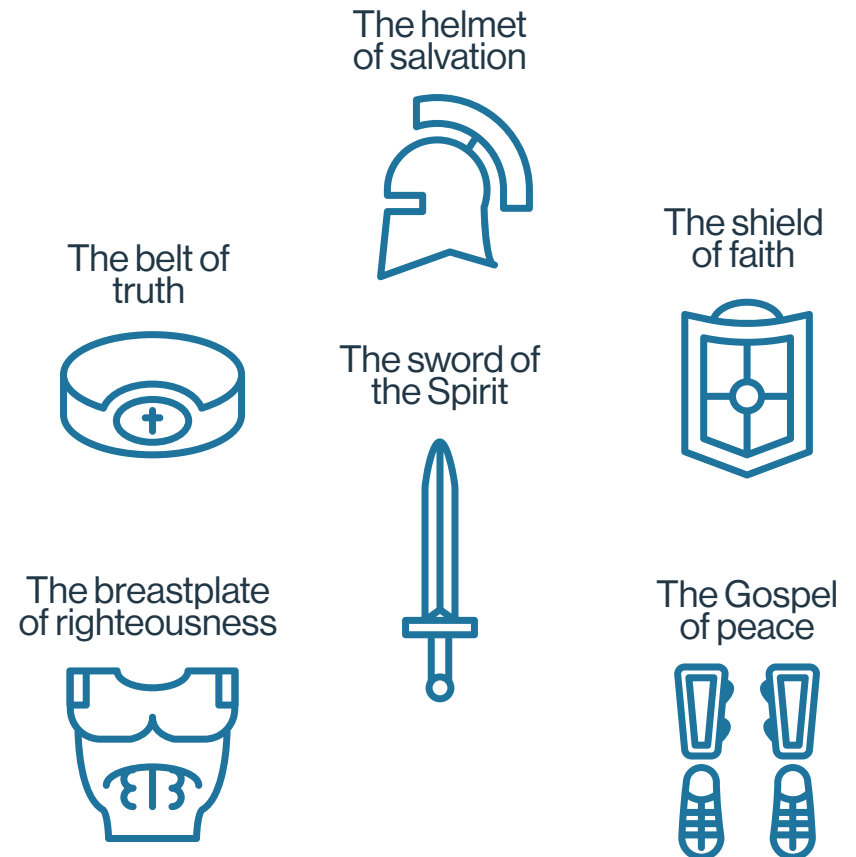
On my head I will wear the **helmet of salvation**. Jesus loves me and I belong to Him!

With my shield in one hand, I will carry the **sword of the Spirit** with me in the other. It is the Word of God.

I will pray on all occasions, everywhere, for anything. I will be alert and never stop praying daily for those around me.

In Jesus' name, amen.

The armor of God



Ephesians 6:11-18

Prayers for my family

Honor your father and your mother, so that you may live long in the land the Lord your God is giving you.

Exodus 20:12 (NIV)

Jesus,

Today I thank You for my family.

I thank You that You love us and want the best for us.

I pray You would give (say their names) and me wisdom today to make good choices and do the things You would want us to do.

I pray that You will bless us so that we can be a blessing to others.

I pray You will give us favor and influence.

I pray You would lead us and guide us through the whole day and I pray that You will watch over everything we do.

I pray that You would cover us, protect us, and keep us far from any harm so that we can do good things for You.

In Jesus' name, amen.

Prayers for when I feel alone

I will never leave you or let you be alone.

Hebrews 13:5 (NIV)

I am with you always.

Matthew 28:20 (NIV)

Jesus,

Thank You that You are my best friend.

Thank You that You never leave me, and that I never have to feel alone.

As You are with me today, help me follow You and make good choices.

Help me forgive anyone who has hurt me.

Thank You for the comfort that Your Spirit brings me.

Help me be like You and choose to love people the way You would love people.

In Jesus' name, amen.

Prayers for when I feel afraid

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

2 Timothy 1:7 (NKJV)

Jesus,

Today I pray against the spirit of fear.

I command it to go by the authority that You have given me by Your name.

I ask that you would give me peace, perfect love that casts out fear, and complete confidence in You.

Thank You that I don't have to be afraid.

Thank You that You are in control.

Thank You that You love me.

In Jesus' name, amen.

List below what you don't need to be afraid of and the things you can have peace about!

Fear	Peace

Prayers for protection

Jesus always wants to keep us safe because He loves us. There are three great things we can use to protect ourselves.

1. THE NAME OF JESUS

Jesus tells us that He will protect us and keep us. He will cover us with His wings. The Bible says that the name of the Lord is a strong tower that we can run to so we can be kept safe.

2. THE COVERING OF THE BLOOD OF JESUS

When Jesus died on the cross for us, His precious blood was shed. And that blood saved us, washes our sin away, and protects us.

3. THE WORD OF GOD (THE BIBLE)

The Bible is full of prayers of protection. It is such a powerful weapon against the enemy. We can pray God's Word over us and our families. Psalm 91 is one of those great prayers of protection.

Jesus,

Thank You that I am important to You.

Thank You that You are always watching over me and protecting me.

I pray that You will cover me with the protection of Your blood and surround me with Your angels.

I run to the name of Jesus, my strong tower.

Thank You for being my rock and strong defender.

Please protect my family and me from every evil attack.

In Jesus' name, amen.

Read out loud Psalm 91 when you are finished praying.

5 finger prayer

When I pray, I can ask God for what I and others need.

Give us today our daily bread.

Matthew (6:11)

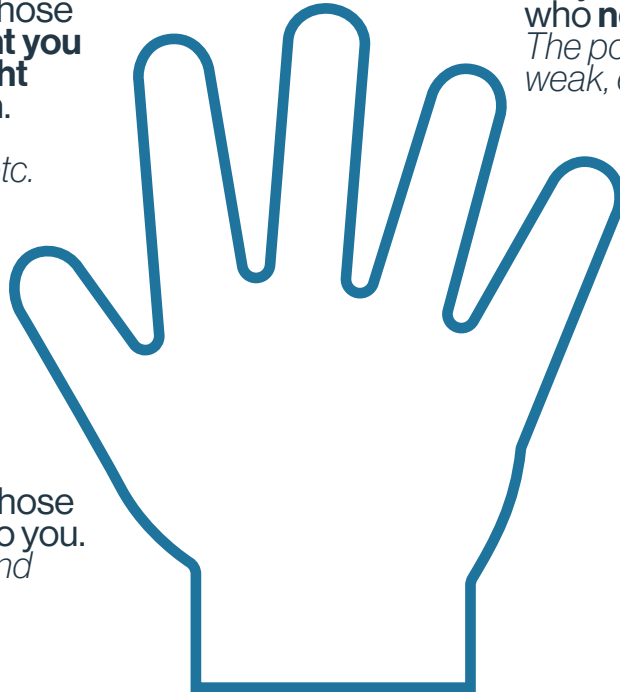
Pray for those who **lead you**. *Your president, governor, principle, police, etc.*

Pray for those who **need help**. *The poor, sick, weak, etc.*

Pray for those who **point you in the right direction**. *Teachers, pastors, etc.*

Pray for **yourself** last.

Pray for those **closest** to you. *Friends and family.*



Prayers for others

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth.

1 Timothy 2:1-4 (NIV)

Fill in the list below with names of those in each category that you can be praying for.

MY FAMILY

MY FRIENDS

MY TEACHERS AND PASTORS

MY LEADERS AND GOVERNMENT

PEOPLE WHO NEED HELP

Draw a picture of an answered prayer.



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