



most requested

Leader Conversation Guide – Most Requested: Spiritual Warfare

Main Idea

We are living in a real spiritual battle, but we don't have to live in fear. Scripture reminds us that our struggle is not ultimately against people or circumstances, but against spiritual forces of evil. At the same time, we can have confidence because the enemy has already been defeated through Jesus. We don't fight for victory—we fight from victory.

Spiritual warfare is not always dramatic or obvious. Sometimes the battle is believing God for a miracle, trusting Him after an unanswered prayer, or simply continuing to stand when we don't see a breakthrough. God has given us everything we need to remain faithful: His strength, His armor, His Word, and His presence. As we discuss this message, let's ask God to help us recognize the battle without giving the enemy more attention than he deserves, and to remain faithful no matter what comes our way.

Finally, be strong in the Lord and in His mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes.

EPHESIANS 6:10-11

Make it Practical:

Recognize the battle, but remember who has already won. Our struggle is not against flesh and blood, and Jesus has already triumphed over the powers of darkness.

- Ephesians 6:10–12; Colossians 2:15

Draw your strength from the Lord, not yourself. God gives us His armor so we can stand firm in truth, righteousness, faith, salvation, peace, and His Word.

- Ephesians 6:10–11, 13–18

Choose faithfulness when the outcome is uncertain. Sometimes the battle is believing God for the miracle, and sometimes it is trusting Him even when the miracle doesn't come.

- Daniel 3:16–18; Philippians 1:21

Talk About It

Why do you think it is important to remember that our struggle is “not against flesh and blood”? How might that change the way we respond to difficult people or circumstances?

Which of these responses to circumstances—disappointment leading to doubt, pain leading to bitterness, delay leading to discouragement, or suffering leading to unbelief—do you think can be easiest to experience? Why?

What would it look like for your faith to remain strong even if God doesn’t answer a particular prayer in the way you hope?

We don’t fight for victory. We fight from victory.

Prayer

Father, thank You that our victory is found in Jesus. Strengthen us with Your power and help us put on the armor You have given us. When we experience disappointment, delay, pain, or unanswered prayer, keep our confidence anchored in You. Teach us to resist the enemy, stand firm, and faithfully follow You no matter the outcome. In Jesus’ name, amen.

Next Steps

Change how you see the battle. When conflict or difficulty arises this week, pause before reacting and remember that people are not your ultimate enemy.

Stand after you pray. Choose one situation where you are waiting on God and commit to continuing in prayer and trust rather than allowing disappointment to become doubt.

Focus on Jesus, not the enemy. Spend time each day thanking God for the victory Jesus has already accomplished and reminding yourself that “the one who is in you is greater than the one who is in the world.” (1 John 4:4)